

Non-profit  
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Bismarck, ND

St. Alexius Medical Center  
900 East Broadway  
PO Box 5510  
Bismarck, ND 58506-5510

## Keynote Speakers



**Jorge Ramirez,**  
MD, FAAHPM

Dr. Jorge Ramirez is currently the Hospice and Palliative Care Medical Director for the Veterans Administration, Network 23, which covers the states of North and South Dakota, Minnesota, Iowa and Nebraska. He is board certified in Family Medicine and Hospice and Palliative Medicine. He is currently serving a second elected four-year term on the Board of Directors of the American Academy of Hospice and Palliative Medicine.



**Karen Stobbe**

Karen Stobbe was working as an actress, director, writer and instructor of theatre when her dad was diagnosed with Alzheimer's disease in 1996. Since then her life has taken on a new focus and meaning in combining the knowledge of her two worlds into one life work.

For eight years Karen was the Healing Arts Director of Milwaukee Public Theatre, where she oversaw art programs related to the healing process in all its forms. Karen wrote and performs in a two-person performance entitled *Sometimes Ya Gotta Laugh*, which takes you on a fast-paced journey through the world of caregiving, the laughter and the tears. She also has written a book by the same name, which is in its third printing. Karen has developed a six-week training program called *In the Moment*, which uses creativity, improvisation and theatre as training tools. She has a web site for the entire program: [www.in-themoment.com](http://www.in-themoment.com).

Karen lives in Black Mountain, NC with her husband, daughter and mother, who now has Alzheimer's disease.



## 14th Annual Geriatric Healthcare, Alzheimer's & Hospice Conference

October 14 & 15, 2010  
Ramkota Hotel  
Bismarck, ND



Major Sponsors:



alzheimer's association



# Agenda

## Thursday, October 14, 2010

- 7:30 - 8:30 Registration - Refreshments - View Exhibits  
 8:30 - 8:45 **Welcome and Opening Remarks**  
 8:45 - 9:15 **North Dakota Aging Services Legislative and Program Update**  
*Linda Wright, MEd*  
 9:15 - 9:30 *BREAK - View Exhibits*  
 9:30 - 10:30 **Having Difficult Conversations: Setting Goals for Care**  
*Jorge Ramirez, MD, FAAHPM*  
 10:30 - 10:45 *BREAK - Refreshments - View Exhibits*  
 10:45 - 11:45 Concurrent Sessions (*choose one*)  
**1. Elder Abuse and Neglect**  
*Cherry Schmidt, BSW, LSW*  
**2. Neuropsychological Evaluation of Alzheimer's Dementia**  
*David Brooks, PhD, ABPP, ABN*  
**3. Antibiotic Use In End-of-Life Care**  
*Colette Rudolph, RN, BSN, CHPN*  
 11:45 - 12:30 *LUNCH (provided)*  
 12:30 - 12:45 *BREAK - View Exhibits*  
 12:45 - 1:45 Concurrent Sessions (*choose one*)  
**4. Evidence-Based Medicine**  
*Jeff Hostetter, MD*  
**5. Depression in People with Alzheimer's**  
*Karli Ghering, PhD, Alicia Thole, Pharm.D, Katie Deutsch, Pharm.D*  
**6. End-of-Life Communication: Can You Really Hear Me?**  
*Jodi Holman, RN, BAN*  
 1:45 - 2:00 *BREAK*  
 2:00 - 3:00 Concurrent Sessions (*choose one*)  
**7. Addictions in the Elderly**  
*Dick Elfson, LAC, LSW*  
**8. Helping Family Caregivers of People with Dementia**  
*Heidi Haley-Franklin, MSW, LGSW*  
**9. Don't Let Me Get Me**  
*Carleen Hennenfent, Grief Educator*  
 3:00 - 3:15 *BREAK - Refreshments*  
 3:15 - 4:30 **Post Traumatic Stress Disorder: The Unrecognized Symptom**  
*Jorge Ramirez, MD, FAAHPM*  
*Caroline Schauer, RN, BSN, CHPN*

## Thursday Evening Family Caregiving Workshop

- The target audience is family caregivers. There is no pre-registration or fee. Contact hours will be offered if registered for conference.  
 7:00 - 8:00 **How Palliative Care Fits into Healthcare Reform**  
*Jorge Ramirez, MD, FAAHPM*  
 8:00 - 9:00 **Tools for Behaviors**  
*Karen Stobbe*

## Friday, October 15, 2010

- 7:30 - 8:30 Registration - Refreshments  
 8:30 - 9:15 **Being In The Moment**  
*Karen Stobbe*  
 9:15 - 9:30 *BREAK*  
 9:30 - 10:30 Concurrent Sessions (*choose one*)  
**10. Understanding COPD: How to Help Your Patients Breathe Better**  
*Beth Hughes, PhD, RRT, AE-C*  
**11. Behaviors in People with Dementia**  
*Gretchen Dobervich, BSW, LSW*  
**12. Artificial Hydration and Nutrition At the End-of-Life**  
*Ranee Madison, RN, BAN*  
 10:30 - 10:45 *BREAK - Refreshments*  
 10:45 - 11:45 **Sometimes Ya Gotta Laugh**  
*Karen Stobbe*  
 11:45 - 12:00 **Closing Comments, Door Prizes, Evaluations**

## Goals and Objectives

To present the latest information on end-of-life, Alzheimer's and health-related issues affecting senior adults. General session and workshop speakers will present information, identify challenges and suggest appropriate responses to health-related and end-of-life concerns and Alzheimer's disease. At the conclusion of this conference participants will be able to:

- Discuss information on healthcare, end-of-life and Alzheimer's related needs of senior adults.
- Identify health-related challenges and appropriate responses.
- Describe state perspectives on service delivery issues.
- Identify methods for professional caregivers to better manage stress in the work environment.

## Audience

Social workers, clergy, registered nurses, licensed practical nurses, other interested healthcare professionals, and any other professionals who provide health-related and supportive services to senior adults, Alzheimer's and end-of-life patients. Family members and seniors may also benefit from attending.

## Accommodations

Rooms have been reserved for conference participants at the **Ramkota Hotel (701.258.7700 or 800.528.1234) for October 13 and 14**. When making reservations, please indicate you are attending this conference. Hotel reservations are the responsibility of the conference participant.

## Continuing Education Credits

St. Alexius Medical Center is an approved provider of continuing nursing education by CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Application has been made for 9.25 contact hours.\*

North Dakota Long Term Care Association is an approved provider of continuing education for North Dakota licensed nursing home administrators. Participants can earn up to 9.25 contact hours.\*

Social workers will receive 9.25 CEUs.\*

Certificates of attendance will be issued to other participants.

\*An additional 2.0 contact hours/CEUs will be awarded if attending the Thursday evening "Family Caregiving Workshop."

## Registration Information

- Fee:** The registration fee is \$135 for both days. This includes materials, lunch and health breaks. Pre-registration is required. Registration deadline (postmark) is Friday, October 1, 2010. Payment must accompany registration. Registration cannot be shared by individuals.  
**Late Registration:** If registration is postmarked after Friday, October 1, 2010, there will be a \$25 additional charge, or \$160 registration fee. On-site registration fee is \$160, space permitting.  
**Cancellation:** The registration fee less \$20 will be refunded if you choose to cancel before October 1, 2010. Conference fee may be transferred to another person without penalty. No refunds will be given if requested on or after October 2, 2010.  
**Program Changes:** St. Alexius Medical Center reserves the right to make program changes or to cancel the conference. In the event of cancellation, only those who pre-register will be notified and their fees will be refunded in full.  
**Endorsements:** In no way is there an implication of any product endorsement by the provider(s) of this educational activity or endorsement of any commercial products or exhibits.  
**For more information call 701.530.7700 or toll free 800.843.9628.**

## Registration Form

A registration form must be filled out completely for each person.  
**The registration deadline (postmark) is Friday, October 1, 2010.**  
 Name: \_\_\_\_\_  
 Organization or Agency: \_\_\_\_\_  
 Position: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Office phone: \_\_\_\_\_ Home phone: \_\_\_\_\_  
 E-mail: \_\_\_\_\_

### Check your profession:

RN  Social Worker  Pastoral Care  MD/DO  
 LPN  CNA/HHA  Other: \_\_\_\_\_

### Circle concurrent sessions you plan to attend:

<b>Thursday:</b>	Concurrent Session ( <i>circle one</i> )	1	2	3
	Concurrent Session ( <i>circle one</i> )	4	5	6
	Concurrent Session ( <i>circle one</i> )	7	8	9
<b>Friday:</b>	Concurrent Session ( <i>circle one</i> )	10	11	12

**Registration Fee:** \$135 (\$160 if postmarked after October 1.)

Make check payable to **"St. Alexius Medical Center"** and send to:

**St. Alexius Medical Center  
 Education Center  
 P.O. Box 5510  
 Bismarck, ND 58506-5510**

Or register online at [www.st.alexius.org](http://www.st.alexius.org). Online registration requires a credit card.